

Volunteers Needed

for a research study examining the effectiveness of iced sheets for whole body cooling after exercising in the heat

Who

- Healthy males & females, age 18-45
- Exercise at least 2x/week
- Passed his/her most recent Army Physical Fitness Test (APFT)

What

- Walk for up to 3 hrs on a treadmill in the heat
- Have iced sheets put on you after exercise



When & Where

U.S. Army Research Institute of Environmental Medicine in Natick, MA



Contact

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Why

Help our Soldiers in the U.S. Army

If you DO NOT work for the government, you may be eligible for compensation (\$360)

Iced Sheet Study
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